

The objective of Subsig is to encourage and to help all, especially young people, and those of limited means to a greater knowledge, love and care of the countryside, to develop their self-reliance and independence, and to promote their physical health and education by spending more time in the open air through participation in skiing, snowshoeing hiking, canoeing, camping, bicycling, mountaineering and allied activities.

MESSAGE FROM THE TRIPS DIRECTOR.

A handful of volunteers dedicated over 1500 volunteer hours to trip operations last year. That is the reason that Cabin Usage and the number of trips were so high. The actions and duties of those volunteers without payment is Volunteer Capacity. Subsig does not have as much capacity this year, and that is a challenge for trip operations and activities.

Some suggestions to rebuild volunteer capacity are starting to percolate during Cabin conversations. This is a suitable time to have a one-hour Roundtable session to discuss the challenges.

Online Roundtable. Hope you will be able participate!

Sunday, May 17, 2025, from 6:30 pm to 7:30 pm via Zoom.

Please RSVP to djrozene@gmail.com or 508-736-7001 for the link and agenda.

The Trips Director will facilitate a roundtable to explore volunteer capacity for trip operations and activities. All members in good standing are invited to attend. Topics include:

- What do you feel **influences** members to volunteer for Cabin trips (either as a participant on work weekends and/or as a trip leader)?
- How many volunteer hours do you feel Subsig **requires** to run 50 Cabin trips?
- How many volunteer hours do you feel Subsig has **available** to run 50 weekend Cabin trips?
- If you feel Subsig needs more volunteer capacity to run trips, any **suggestions**?

If a few simple, actionable suggestions emerge to rebuild volunteer capacity, we can discuss **next steps**.

ACCOLADES AND ACKNOWLEDGEMENTS.

Denise Bouchard and Girish Rao.

Denise and Girish hosted the New Years at the Cabin trip for the second year in a row. They are terrific hosts! Everyone felt welcomed, had a fun time with each other's company, ate like royalty, and got to pursue whatever activity they wanted. Girish and Denise volunteer in multiple capacities with Subsig and the AMC. They lead trips, maintain the website, volunteer at the AMC high elevation huts and family events, help other volunteer members get their assignments done, generate fun, build confidence, and foster friendships.

Sharon Casper.

I had the wonderful opportunity to get to know Sharon better on a trip to the Cabin. She has been a member of Subsig longer than most anyone else. Her resilience and resourcefulness are amazing and something all the veteran members seem to share. She recounted not just one work weekend, but of many trips and hours spent volunteering at the Cabin and the garden over the years. How Sharon, a friend of close relative, and Tony DeMaio got a replacement couch to the Cabin and made an old one disappear was a mystery. Few of us would have dared take that on. As folks settle into the change, it will become another legendary story told with affection and appreciation.

Jeff (Zippy) Isaac.

With the full endorsement of the entire Board of Directors and Trip Leaders who participated on trips with him, Jeff was designated a Trip Leader December 12, 2024. While specific to Jeff, Subsig Trip Leaders share many of the same qualities. Thank you all for your volunteer service!

Jeff manifests self-reliance and independence that Subsig fosters while also being helpful and attentive to others. He understands the purpose of Subsig. He understands the role and responsibilities of a trip leader to make trips safe and welcoming to everyone.

When something needs doing at the Cabin, he does it without most people realizing it. Through example, he volunteers his time, tools, and skills to help keep Cabin functional and costs low. He has and uses skills that are immensely helpful to a small nonprofit club with a Cabin in the woods.

He demonstrated exceptional diligence with managing risks and safety on the property. During the winter, he would arrive at the Cabin early to shovel and sand the parking area and walk paths. He also would bring sand for use on the next trip. If a chair is wobbly and about to collapse, he fixes it. If a railing is broken, he fixes it. When winter parking is a challenge, Jeff is out in the snow to make sure every car has a spot to park safely.

Even when not serving the capacity of trip leader, Jeff ensured no one went hungry and everyone felt included to his homemade breakfasts, an après hike meal at a local establishment, or a fun visit to local landmark after a long day of hiking. He enthusiastically pitched in to help in the kitchen.

Jeff demonstrated exceptional diligence in planning. On the four trips that I participated with Jeff, he called ahead to check on cabin opening times, planned activities, meals, and chores. During the trips, he was aware of who is doing what and when they are expected back at the Cabin. He worked his agenda around others when necessary. Jeff makes it easy for others to pursue their own thing or join others.

Outside of Subsig, Jeff is trained to perform trail maintenance and volunteers to maintain the North Twin Trail. He is knowledgeable about the region and an experienced hiker in all weather conditions and in darkness.

CURRENT TRIP LISTINGS.

Please go to trip listings page of www.subsig.org for the latest postings. Contact the volunteer Trip Leader(s) for questions and to register. Contact the Trips Director for concerns and complaints - Dave Rozene, djrozene@gmail.com, 508-736-7001.

- (1) Everyone is welcome to register for any trip if space is available.
- (2) Participants are welcome to do their own thing or join other club members. Note: AMC led hikes require additional registration through AMC.
- (3) Register with the trip leader no later than two (2) days prior to the Trip Start date unless otherwise posted. If no one registers by their deadline, the Trip Leader(s) may make other plans.
- (4) If you would like to go to the Cabin on a weekend that a trip is not posted, please contact the Trips Director. S/he will strive to accommodate requests. Last minute requests are difficult to accommodate.

NEWS FROM PAST TRIPS - FALL 2024**General remarks.**

The news from past trips is often lifted from the Cabin Logbook. Sometimes information is not available, incomplete, difficult to read, or omitted. The editor extends their apologies for misspelt names, not giving a shout out to members who are at the Cabin for their first time, other editorial mishaps.

If you or participants want to include news from past trips, please send in a write-up to the Trips Director. You are welcome to submit few jpeg photos. Just make sure the participants are ok with that.

Sep 27 – 29, 2024 Make like a tree and leaf for the Mountains.

Keith Watling opened the Cabin to everyone and participants' who were registered in the AMC Boston Chapter's Eisenhower in Autumn Hike.

Oct 4 – 6, 2024 Fall colors at Subsig.

Bob Asch opened the Cabin to everyone and had meals available. The season was prime to enjoy the green and gold foliage in the White Mountain National Forest.

Oct 4, 2024: Pawtuckaway State Park Hike, Day Trip

Dave Roy organized South Mountain via Mountain and Woronoco Loop (CCW) hike in Pawtuckaway SP.

Oct 19 – 20, 2024: Fall colors. Happy Faces

Sami Hesni opened the Cabin to everyone and had delicious meals available. She planned a hike near Chocorua/Conway area and had a lovely time.

Oct 25 – 27, 2024 Simple and Crisp.

Bob Asch, Dave Roy, Nancy Neyhard, Tari Mills, Ewa Basinka, Wendy Fearing. Bob Mountain.

Bob Asch opened the Cabin to everyone and had healthy meals available. He kept it simple - nothing specific planned but fellowship. Everyone was welcome to use the Cabin as a basecamp, do your own thing, join others, or decide when you arrive. The weather was crisp, and leaves were falling. Some snow and ice at higher elevations, lighter traffic on roads, and thinner crowds on the trails. Volunteers were also welcome anyone to do chores including raking leaves, end of season garden work, prepping for the winter season.

Dave, Nancy, Bob, Tara, Ewa, and Wendy hiked Table Mountain. Windy, periods of light rain, and sunshine. Splendid views from various locations but a wooded summit. Busy Trail. Found a boulder that kind of fit the profile of Arno Heyn. Bob Mountain arrived Saturday for an AMC hike up Carrigan on Sunday. Nancy, Tari, and Ewa were planning to go to Rocky Gorge on the Kanc. Bob Asch hiked Willard for fine views and lots of people to keep him company.

Nov 8 – 10, 2024: Trails less travelled.

Keith Watling opened the Cabin to everyone. Participants included folks who were registered in the AMC Boston Chapter's hike to Mt. Isolation from the West via the Dry River Wilderness trail. After a long day of hiking, the hikers dined out afterwards.

Nov 15 – 17, 2024: Winter Warm-up.

Bob Asch Kathy Falls, Jeff "Zippy" Isaac, Nicole LeBlanc, Nancy Neyhard, Sharon Casper, Tony DeMeo.

Bob and Kathy hiked the Mt. Langdon Tr. To warm up for the winter. Jeff and Nicole did trail work on the Greely Ponds Tr. Nancy, Sharon, and Tony enjoyed their time at the Cabin. Beautiful moon and lenticular cloud effect from inside and outside the Cabin.

Nov 27 – Dec 1, 2024: Thanksgiving Cabin Trip.

Welcome to Subsig John Samford!

Dave Roy, Catherine Cantrell, Keith Watling, John Samford

When someone is a holiday orphan, The Subsig Cabin can be an enjoyable way to have some company, share a delicious meal, get outside to play, and keep your spirits high. Dave and Catherine had the full Thanksgiving Dinner. They laughed and told stories about their shared experiences at Subsig over the last 40+ years. They hiked into the 4th Iron Campground, shoveled snow, and visited North Conway. The driveway was well plowed and required less shoveling than last year! Keith and John met up at the Cabin for dinner. All enjoyed a few rounds of Scrabble and Cribbage. After bringing good cheer to the Cabin, Keith and John headed out for an AMC hike.

Dec 6 – 8, 2024 Winter on your mark!

Krishna Ganne and Dave Rozene

Krishna headed out to Attitash and met with Renee to ski. Conditions were decent for early winter. Dave hiked Mt. Tremont. Tremont is a beautiful snowshoe hike.

Dec 13 – 15, 2024 Winter get Set!

Welcome to Subsig Rick Gershberg!

Bob Asch, Kathy Falls, Brian Witkov, Rick Gershberg

Friday night was almost a full moon. The windchill was not as bad as forecasted. Bob, Kathy, Brian, and Rick (a friend of Brian) hiked the Mt. Langdon trail with light traction under blue skies. Magnificent views of Attitash and the Moat Ridges. Brian and Rick checked out some of the local attractions, including the Moat.

Dec 19 – 20, 2024

Ad Hoc – Winter is coming. Time to chase fresh powder. Krishna Ganne opened the Cabin for everyone.

NEW FROM PAST TRIPS – WINTER 2025

Dec 20 – 22, 2024: Start of the Winter Season and AMC Winter Hiking Program.

Keith Watling, Bob Mackin, King Yee, Krishna Ganne, Renee Charp, 11 WHP Participants

Full house with the WHP. Keith, Bob, King, and the WHP crew hiked Mt. Jackson. Krishna and Renee went back country skiing both days. Everyone enjoyed Keith's famous hiker's chili and homemade Carrot Cake.

Winter Holiday Season.

Volunteers made the Cabin available to everyone through the Winter Holiday Season. A lot of people showed up. Activities included hiking, skiing, sledding, Winter Sale shopping, Cabin festivities, feasts, and downtime to relax, read, do puzzles, and play board games.

Dec 27 – 29, 2024 Start of Winter Playtime for Kids and Adults. (And the last weekend of 2024.)

Brian Witkov, his daughter Nicole, and grandson Aiden. Krishna Ganne, Renee Charp.

Krishna and Renee hiked Mt. Washington up Ammo and down the Cog. Mid-30's, light wind, and beautiful skies.

Dec 29, 2024 – Jan 1, 2025: New Year's at the Cabin.

Denise Bouchard, Girish Rao, Krishna Ganne, Renee Charp, Lisa Garrone, Nancy Neyhard, Sharon Casper, Chris Curtiss, Lisa Garrone.

Sami Hesni and Chris Porter were staying at a friend's house in Randolph and stopped by with Yeti. They joined Denise, Girish, Renee, and Krishna for a hike up to Martha and Owls' head.

Renee and Krishna hiked to the Greenleaf hut one day and skied at Jackson another.

Denise and Girish hiked Avalon to try out butt sledding. They loved it.

Dave hiked Mt. Washington up Ammo, down Cog. Low 30's, light wind, and mostly sunny skies with a few clouds occasionally obscuring visibility (easy to get disoriented without a compass/GPS). From rain the day before, Ammo was scary icy from 3200' to tree line. Crampons and ice axe calmed the nerves. Came down Cog at sunset.

One day was rainy. A lot of folks went into North Conway to shop deals on hiking clothes and gear. Chris (Curtis) went to Bear Notch to cross country ski to find the trails were closed.

Denise and Girish hosted a fantastic New Year's at the Cabin. They put together breakfast and dinner smorgasbords to please and satisfy anyone's palate and dietary needs. Nancy assembled a decorating committee complete with decorative lights, and the sexy lady towel. Everyone celebrated the New Year with a night parade using sparklers as torches. What a spectacular sight it made...for about 2.8 seconds. We tried restaging it a couple times for the photo op, but everyone was too busy cracking jokes to pull it off, and the photographer was freezing in his pajamas. Everyone stayed up this year, which might be a first, to toast the New Year's at midnight.

Jan 1 – 2, 2025: Bridge the Gap.

Sharon Casper and Chris Curtiss kept the Cabin open to everyone to bridge the New Year's festivities and first weekend of 2025.

Jan 2 – 6, 2025: Fun in the snow.

Bob Asch kept the Cabin open to everyone through the weekend. Bob was all set to take on anything winter in the mountains had to offer.

Jan 24 – 26, 2025

Welcome to Subsig Helen and Miguel!

Krishna Ganne, Samia Hesni, Helen Meskaidze, Eric Espinosa, Miguel Espinosa, Kathleen Dingman, Pascal, his children Mary (10) and Jacob (6), and niece Liz Gomez (18).

On Saturday, the gang headed over to the Highlands' Center and hiked up Mt. Willard. First winter hike in micro spikes and snowshoes for Miguel. He described it as a winter wonderland. This was a tough winter hike for the young ones, but they were so excited to reach the summit and enjoy the views! Coming down, no one could keep up with them 😊. Samia, Helen, Miguel, and Kathy went onto Arethusa Falls. The rest went sledding near Bretton Woods. Saturday dinner was chicken Biryani, lentil soup, chickpeas, butter rice, and Bula Jamun-vanilla ice cream.

Miguel, Pascal, Mary, and Liz added delightful entries into the Cabin Logbook, thank you! Their adventures are exciting and fun to read. The first winter hike on a very frigid day in the White Mountains is something to remember.

On Sunday, Samia and Helen headed for the Moats. Eric and his son Miquel were off to do some snowshoeing, and Kathy was going to hike Mt. Pemi on the way home. The others were going to visit some tourist spots in North Conway and the East Side of Mt. Washington.

Jan 31 – Feb 2, 2025

Keith Watling opened the Cabin for everyone including participants' who were registered in the AMC Boston Chapter's Winter Hiking Program. The hikes offered Mt. Cabot and Garfield. His famous hiking chili and homemade Carrot Cake are the perfect dinner after a long day on the trail!

Feb 14 – 17, 2025 Love of the Mountains (and sledding)

Welcome to Subsig Tom Kirchofer!

Julie Moran & Brandon Brown and their children Louisa and Sylvia, Eric Ashwell and Jane, Tom Kirchofer, Dave Rozene

The weather folks predicted a winter storm on Sunday, and they got it right. Joseph Getter sent a nice note and called Julie about his plans. Tom, Eric, and Jane hiked the Bond Traverse. Dave hiked Passaconaway. Snowshoes, sunny skies, and decent temperatures before the storm. We all rendezvoused back at the Cabin to share stories. Some folks headed home before the storm. Julie and Brandon had a homemade feast prepared for dinner. Louisa and Sylvia played hide & seek and ran around enough to scare any mice away forever. Cribbage and hilarity after the kids went to bed.

Feb 28 – Mar 2, 2025

Denise and Girish, Marvin Savain, Keith Watling, Dave Rozene

Friday night was a meet, greet, and eat at the Cabin. On Saturday, Keith and Marvin rendezvoused at the 19-mile brook trail for an AMC South-Middle Carter hike. They met Eric Ashwell, Jane, and Steve Duly at the trailhead, plus a few others. Denise and Girish hiked up Avalon and butt-sledded down. 4-legged friend Tia guarded the Cabin from mice. Dave joined 8 others to summit Carrigan. Denise and Girish had dinner ready for when Dave and Martin returned. Yum, thank you! We were ravenously hungry and dog tired. Steve Duly stopped by the Cabin and left a genuinely nice note. Weather was sunny skies and mid-30's until 3pm, then snow and some wind. Sunday was frigid and below -10 windchill with snow showers.

Chris hiked Carrigan solo. Adam, Sami, Yuual, and Adj headed to Gorham to meet up with some friends and hike Mt. Pine. The route was not easy to follow and mostly unbroken snow. The 4-legged friend Yeti was struggling and asked her humans to return to the Cabin for a lovely dinner.

Mar 21 – 22, 2025

Denise, Girish, and Bob Asch made the Cabin available to everyone for the weekend. Unfortunately, it rained, and no one registered. Still, Denise and Girish drove up to the Cabin Thursday night and headed to Zealand Falls Hut on Saturday. Girish's logbook entry:

"Being here is always magical. We had an awesome dinner with music. The Cabin was in great shape... We have made so many wonderful memories here. Yes, we miss being here with the other regular Subsig folks. But we hope to do more trips this year, both as trip leaders and as participants. Denise and I are looking forward to the Work Weekend in May."

SPECIAL NOTICES.

The new outhouse heaters work great! Every time you have a seat, think about all the arduous work that went into keeping your tush warm 😊.

Any season - Please leave the outhouse windows open when locking up the Cabin. When the electricity is turned off, the outhouse ventilation system is also turned off down. Dangerous gasses could build up if not ventilated. Also, the outhouse will stink when the next trip leader opens the Cabin.

This winter season the parking area was nicely plowed and sanded down all the way to the water bar! The paths and walkways still must be cleared by hand, but volunteers did that on every trip. Shoveling required much less effort than last winter season. They were in good shape. Thank you to all the winter season participants!

The new shelves and coat hangers are working out great. Please keep boots and footwear out of the way of the entrance, especially the landing near the foot of the stairs. Folks can trip over them.

LOST & FOUND.

Someone left a pair of K-10 Hiking Crampons at the Cabin this winter. They are still there.

